

Introduction	1
About the Bahamas	3
Geography	3
History	9
Getting There	12
Before You Go	16
The People	17
Eating & Drinking	18
Accommodations	20
Out Islands	21
Package Deals	21
Restaurant & Hotel Prices	22
Practical Concerns	23
Climate	23
Electricity	23
Medical	23
Dress	24
Currency	24
Banking	24
Time	25
Casinos	25
Shopping Hours	25
Taxis & Tours	25
Rental Cars	26
Buses	27
Bicycles & Mopeds	27
Ferries	27
Mail Boats	28
Photography	28
How to Use This Book	30
Tourist Information	30
The Land of Adventure	33
Bird Watching	33
Boating & Sailing	34
Golf	34
Hiking & Bicycling	35
Honeymooning	36
Horseback Riding	37
Parasailing	37
Jet-Skiing	38
Shelling	38

Sport Fishing	38
Marine National Parks	45
Sea Kayaking	46
Sightseeing	46
Snorkeling & Diving	46
Sun Seeking	51
Tennis	51
Water Skiing	51
Windsurfing	52
Nightlife	52
Shopping	52
Holidays	52
Nassau & New Providence Island	55
History	55
Getting There	57
Getting Around	60
Taxis	61
Horse & Carriage	61
Car Rental	61
Tours	61
Shopping	63
The Best Spots	63
Sightseeing	64
The Atlantis Resort & Casino	64
Crystal Cay Marine Park	65
Cable Beach	66
Ardastra Gardens	66
The Cloisters	67
Bay Street	67
The Straw Market	67
The Water Tower	68
The Queen's Staircase	69
Pompey Museum	69
Historical Society Museum	69
Junkanoo Expo Museum	69
Changing of the Guard Ceremony	70
The Retreat	70
Guided Walking Tours	70
The Botanical Gardens	71
Fort Fincastle	71
Fort Montague	71
Fort Charlotte	71
Hartley's Undersea Walk	72
Soft Adventures	72
Pedal & Paddle Ecoventure	72
Golf	73
Gambling	74

Adventures on the Water	75
Sport Fishing	75
Fishing Charters	75
Diving & Snorkeling	76
Best Dive Sites - North Side	77
Best Dive Sites - South & West	79
Shipwrecks	80
Dive Operators	83
Where to Stay & Eat	85
Grand Bahama	93
History	94
Getting There	95
Getting Around	96
Shopping	99
Sightseeing	100
Garden of the Groves	101
Hydroflora Gardens	101
Lucayan National Park	101
Rand Memorial Nature Center	103
Seaworld Explorer	104
The Dolphin Experience	105
Guided Tours & Sightseeing	106
Soft Adventures	110
Golf	110
Gambling	112
Adventures on the Water	113
Sport Fishing	113
Snorkeling & Diving	114
Where to Stay & Eat	120
The Abacos	127
History	129
Getting There	130
Getting Around	134
Marsh Harbour	135
Man-O-War Cay	137
Elbow Cay & Hope Town	138
Green Turtle Cay & New Plymouth	138
Treasure Cay	140
Great Guana Cay	141
Walker's Cay	142
Guided Tours & Sightseeing	142
Adventures on Water	145
Sport Fishing	145
Diving & Snorkeling	149
Where to Stay & Eat	159

Andros	171
Geography & Wildlife	171
History	172
Getting There	174
Getting Around	176
Adventures on Water	178
Sport Fishing	178
Diving	179
Where to Stay & Eat	183
Bimini	187
History	187
Getting There	188
Adventures on Water	190
Fishing	190
Diving	192
Where to Stay & Eat	195
Eleuthera	199
History	199
Getting There	199
Getting Around	204
Adventures on Water	207
Fishing	207
Diving	207
Where to Stay & Eat	212
The Exumas	217
History	217
Getting There	219
Getting Around	221
Adventures on Water	225
Fishing	225
Diving & Snorkeling	227
Where to Stay & Eat	229
Other Islands	233
The Acklins & Crooked Island	233
History	235
Getting There	236
Sightseeing	236
Bird Rock Lighthouse	236
Crooked Island Caves	237
French Wells	237
Marine Farm	237
Dining	237
Where to Stay	238
The Berry Islands	238
Getting There	240

Adventures on Water	241
Boat Rentals	241
Diving & Snorkeling	241
Dining	241
Where to Stay	242
Cat Island	242
Getting There	243
Sightseeing	245
The Hermitage	245
The Deveaux Plantation	246
Adventures on Water	256
Boat Rentals	256
Diving & Snorkeling	256
Best Snorkeling Sites	247
Dining	248
Where to Stay	249
The Inaguas	251
Getting There	251
Sightseeing	252
Inagua National Park	252
Morton Bahamas Salt Company	253
Matthew Town Lighthouse	254
Adventures on Water	254
Diving & Snorkeling	254
Dining	255
Where to Stay	255
Long Island	256
History	257
Getting There	258
Sightseeing	260
The Adderley Plantation	260
Columbus Point	260
Conception Island	261
Deadman's Cay	261
The Churches	261
Adventures on Water	262
Diving & Snorkeling	262
Best Dive Sites	262
Best Snorkeling Sites	265
Dive Shop	265
Sport Fishing	266
Boat Rentals	267
Dining	267
Where to Stay	268
San Salvador	269
Getting There	271
Sightseeing	272

Getting Around	273
Cockburn Town	273
Sandy Point	274
Graham's Harbour	276
North Victoria Hill	276
The Columbus Monuments	276
Dixon Hill Lighthouse	277
Adventures on Foot	278
Walking & Hiking	278
Adventures on Water	278
Diving & Snorkeling	278
Best Dive Sites	279
Best Snorkeling Sites	280
Dive Operators	281
Dining	281
Where to Stay	282
Rum Cay	285
At a Glance	287
Airlines Serving the Islands	287
Airline Telephone Numbers	290
Mail Boat Schedules	291
Fishing Guides	295
Dive Operators	296
Accommodations	298

Maps

The Islands of the Bahamas	4
New Providence	54
Nassau	62
Grand Bahama	92
The Abacos	128
Andros	173
North & South Bimini	186
Eleuthera	198
Great & Little Exuma	216
Acklins - Crooked Island	234
Berry Islands	239
Cat Island	244
Great Inagua	252
Long Island	258
San Salvador	269